**Planning des associations 2019-2020**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **HEURES** | **LUNDI** | MARDI | MERCREDI | JEUDI | VENDREDI | SAMEDI | DIMANCHE |
| **8H00** |  |  |  |  |  |  |  |
| **9H00** |  |  |  |  |  |  |  |
| **10H00** |  |  |  |  |  |  | **KRAV MAGA** |
| **11H00** |  |  |  |  |  |  |  |
| **12H00** |  |  |  |  |  |  |  |
| **13H00** |  |  |  |  |  |  |  |
| **14H00** |  |  |  |  | **BRIDGE** |  |  |
| **15H00** |  |  |  | **QI GONG** | **BRIDGE** |  |  |
| **16H00** |  |  |  | **SENIOR** | **BRIDGE** |  |  |
| **17H00** |  |  |  |  | **BRIDGE** | **GUITARE** |  |
| **18H00** | **YOGA** |  |  |  | **BRIDGE** | **GUITARE** |  |
| **19H00** |  |  |  |  |  |  |  |
| **20H00** |  |  |  |  |  |  |  |
| **21H00** |  |  |  |  |  |  |  |
| **22H00** |  |  |  |  |  |  |  |
| **23H00** |  |  |  |  |  |  |  |
| **00H00** |  |  |  |  |  |  |  |

**Yoga** Association Natura è benistà : 06 73 02 87 02

**QI GONG SENIOR** Patricia : 06 73 57 92 75

**BRIDGE** AssociationABC de Serra di Ferro : 06 77 44 91 97

**GUITARE** Association a ghitarra : 06 34 47 68 01

**Krav maga** : 06 42 23 97 46